Dear Community,

Here is another printable packet of easy and fun activities to do while at home! See the table of contents below for more information.

If you do any of these activities, please share them with us! Post to instagram and tag us at @trashforpeace, or email us at info@trashforpeace.org with a photo!

More resources are available at our website, at www.trashforpeace.org/resources. Feel free to email us anytime (at info@trashforpeace.org) with any questions or to request more activities!

Hope you are all doing well,

The Trash for Peace Team

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Querida comunidad,

¡Aquí hay una paquete nueva que es imprimible de actividades interactivas para divertirse en casa (todo en Inglés para ahora)! Puede ver el índice abajo para más información.

Sí hace algunas de las actividades, por favor, ¡compártelas con nosotros! Puede compartir por Instagram (etiquétanos--@trashforpeace), o mándanos un correo electrónico a info@trashforpeace.org con una foto.

Para encontrar más recursos, visite nuestro sitio web, www.trashforpeace.org/resources y/o siguenos por Instagram, @trashforpeace. ¡Por favor, no dude en mandarnos un correo electrónico (info@trashforpeace.org) para cualquiera pregunta o para solicitar más actividades!

Con cariño,
El equipo de Trash for Peace

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EGG CARTON WREATHS

Celebrate spring with this colorful hands-on project that utilizes items you likely have in your house. You can hang it outside your door, on your wall, or even wear it as a crown!

Materials needed:
- Egg carton
- Scissors
- Cardboard
- Glue or tape
- Markers or Paint for decorating
- Green felt or paper for leaves (optional)

Instructions:
1. Using a cardboard box you have on hand, cut out the base of your wreath! It can be any size you like, though the bigger the circle, the more egg cartons you will need.
2. Cut your egg carton into individual flower shapes! It works well to cut the carton into the 12 “egg” shapes and then trim them as desired.
3. Paint/color your egg carton flowers! Decorate as you’d like using what you have. You can also paint or color your cardboard base. If using paint, let everything dry before proceeding.
4. Glue your flowers around the cardboard base, spacing evenly.
5. If you’d like, cut leaf shapes out of felt or paper to attach to your wreath in between the flowers.
6. Display or wear your new creation!
BIRDS OF OREGON (THAT YOU CAN FIND IN YOUR NEIGHBORHOOD)!
Get outside and look for these native birds of Oregon! How many can you find?

Pictures from the Audubon Society of Portland—visit this website for more photos and information to help you identify these birds!

House Finch

Song Sparrow

Dark-eyed Junco

Rufous Hummingbird

Red-shafted Flicker

American Robin
TRASH for PEACE

NO-BAKE ENERGY BALLS

This easy and delicious (not to mention healthy) snack will give you the fuel you need to get through the day!
Adapted recipe and photo from https://www.createkidsclub.com/4-ingredient-peanut-butter-balls/

Ingredients:
- 2 cups quick-cooking oats
- 1/2 cup honey
- 1/2 cup peanut butter (crunchy or creamy both work, use what you like!)
- 1/2 cup chocolate chips
- 1 tsp. Vanilla

Instructions:
1. Combine all the ingredients in a medium-sized bowl
2. Mix well (clean hands might be your best tool)
3. Refrigerate for about an hour to allow mixture to set
4. Roll into bite-sized balls
5. Enjoy! Keep refrigerated to prevent the balls from melting

RAINBOW DECORATING ACTIVITY AND HUNT

Amid the coronavirus crisis, neighborhoods are spreading hope by sharing rainbows!

Create rainbow art indoors and hang it in your windows for others to see! You can use your creativity to create any rainbow you can imagine, or decorate this template (on the next page) with any materials you have on hand (markers, paint, crayons, colored paper, tissue paper, etc.)! Then, go on a walk and see how many rainbows you can spot in your neighborhood!

Check out this video to see how neighborhood rainbow hunts are spreading joy throughout the country!
Share your upcycled art with us!

TRASH for PEACE

Earth Day Zine

Name: _____________
Date: _____________

Earth Day is celebrated every year on April 22nd. This year (2020) marks the 50th year Earth Day has been celebrated!

What’s your favorite place or favorite thing to do in nature? Draw below!
ZINE FOLDING INSTRUCTIONS

1. Print out the document
2. Fold in half
3. Fold the sheet into 8ths, so each picture has its own page
4. Cut a slit along the folded line in the middle, about 2 inches long (across the two central pages)
5. Push the booklet together so it looks like an “X” in the middle where the slit is, then crease the folds well (the “share your upcycled art with us” page should be the last one)
6. Enjoy your little booklet!

http://zineopolis.blogspot.com/p/h.html
DIY WINDSOCKS

Hang your windsock outside and watch it catch the wind!

Materials needed:
- Toilet paper tube
- Yarn/string for hanging
- Tissue paper cut into long strips (ribbon works too!)
- Scissors
- Hole puncher
- Markers, Washi tape, paint, tissue paper--whatever you want to use to decorate your windsock
- Glue or tape

Instructions:
1. Start by decorating your TP tube as you wish! If you use paint, make sure to let it fully dry before continuing to the next step.

2. With your hole punch, punch two holes on one end of your tube (to string the yarn for hanging).

3. Attach the ribbon or tissue paper! If using ribbon, punch several holes all around the other end of the tube. Cut several different-sized lengths and tie them around using the several holes on one side of the tube. If using tissue paper, glue or tape long strips to the inside of the tube all around the circumference.

4. Thread yarn or string through the top two holes and tie it up so you can hang your finished creation. You can make the strings as long as you’d like.

5. Hang your windsock outside and watch as the spring wind blows!